

Children's Centre	Services Offered	Day	Times
Bounds Green	PIPS - Appointments Only	Monday	AM
	Communication for Life	"	13:00 - 15:00
	ESOL	"	13:00 - 15:00
	Stay & Play (U5s)	Tuesday	09:30 - 11:30
	HARTS for Families - Tenancy support	"	09:30 - 11:30
	Child Minders Training	"	10:00 - 14:00
	Family Support Worker - Drop-ins	"	14:00 - 16:00
	Whittington - Antenatal Appointments ONLY	Wednesday	??
	Jobcentre Plus - Appointments ONLY	"	??
	Stay & Play (U2s)	"	13:15 - 15:00
	Whittington - Postnatal Drop-ins	"	13:30 - 15:00
	Stay & Play (U5s)	Thursday	09:30 - 11:30
	Mobile Library - Every 2nd Week	"	11:00 - 11:45
	ESOL	"	13:00 - 15:00
	Bouncing Bunnies	Friday	09:15 - 10:15
	Walking Group	"	09:15 - 10:15
	Working Links - employment support	"	12:00 14:30
Stay & Play (Child Minders & Carers)	"	13:15 - 15:00	
Broadwater Farm	Ludotek		
	Talking Families		
	Story Telling & Play	Monday	10:30 - 12:30
	ECAT Group	Tuesday	09:15 - 10:45
	Polish Group	"	??
	Jobcentre Plus	"	09:30 - 16:00
	Early Support for Parents	Wednesday	09:15 - 11:15
	Much around Wednesday	"	13:00 - 15:00
	Drop in Clinic	1st Thur of the Month	09:00 - 11:00
	Transition to parenthood		
	Baby Massage & Discussion	Thursday	13:00 - 15:00
	Playtime	"	13:00 - 15:00
	Whittington Hospital - Midwifery		
	Team - Antenatal Appointments ONLY	"	??
	Open Drop-in/Stay & Play sessions	Friday	09:30 - 11:30
	Singing Music with Sonya	"	??
	Adult Psychologist	"	??
Jobcentre Plus Lone Parents Advice			
Surgeries & Ingeus	"	09:30 - 15:00	
Campsbourne	Antenatal Appointments Whittington Hospital	Monday	09:00 - 12:00
	I'm just Toddling	"	09:15 - 11:15
	Treasure Baskets	"	10:00 - 11:00
	Baby Weigh in Clinic	"	14:00 - 16:15
	Stay & Play (U3's drop-in)	Tuesday	09:00 - 11:00
	Parents Meet-up	"	13:30 - 15:30
	Let's Play	"	13:45 - 15:15
	Dad's Time	Wednesday	09:00 - 11:00
	Jobcentre Plus & Ingeus (Drop-ins)	"	11:00 - 13:30
	Stay & Play (U5's drop-in)	"	13:30 - 15:30
	Movers & Shakers (1yr +)	Thursday	09:15 - 10:00
	Movers & Shakers (U1)	"	10:15 - 11:00
	Citizens Advice Bureau - Drop-in	"	10:00 - 16:00
	Somali Group Drop-in	"	13:00 - 15:00
	Young Parents	Friday	10:00 - 12:00
	Baby Group	"	13:00 - 15:30

Downhills(link site)	Musical Mondays		
	Stay & Play Group (0-5yrs)	Monday	09:30 - 11:30
	Pre School & Baby Group		
	Stay & Play	Tuesday	09:00 - 11:00
	Baby & Me (Stay & Play Group)	"	13:00 - 15:00
	Transition to parenthood	"	13:00 - 15:00
	Health Visitors - Appointments ONLY	Wednesday	09:30 - 12:30
	Family Learning	"	??
	ESOL Classes with creche	"	??
	Parenting Skills Course	"	13:00 - 15:00
	Toddles - Volunteer Stay & Play (U3s)	Thursday	13:00 - 15:00
	Somali Advice Drop-in (with Creche)	Friday	09:00 - 12:00
ESOL Classes with creche	"	??	
Earlsmead	Stay & Play (Baby & Toddler Group)	Monday	09:00 - 11:30
	Stay & Play (Baby & Toddler Group)	"	13:00 - 15:00
	Strengthening Families/Communities Group	Tuesday	09:30 - 11:30
	Jobcentre Plus - Appointments	"	09:30 - 11:30
	Stay & Play (Baby & Toddler Group)	"	13:00 - 15:00
	ESOL (with Creche)	Wednesday	09:30 - 11:30
	ESOL (with Creche)	Thursday	09:30 - 11:30
	Stay & Play (Baby & Toddler Group)	"	13:00 - 15:00
	Stay & Play (Baby & Toddler Group)	Friday	09:30 - 11:30
Haringey Books & Toy Bus	"	13:00 - 15:00	
Highgate	Stay & Play	Monday	09:00 - 11:30
	Yoga Mums - Appointments	"	11:00 - 12:30
	Stay & Play Drop-in (Baby)	Tuesday	09:00 - 11:30
	Baby Clinic	"	09:30 - 11:30
	Health Visitors - Appointments ONLY	"	09:30 - 11:30
	Stay & Play Drop-in (Toddler)	"	13:00 - 15:30
	Dads' Club - Drop-in	Wednesday	09:00 - 12:00
	Parent and Infant Psychology Service (PIPS)	"	09:00 - 13:00
	Twins' Club	"	13:30 - 15:30
	Stay and Play	Thursday	09:00 - 11:30
	Movers & Shakers	"	09:45 and 10:3
	Midwives	"	09:30 - 12:30
	Baby Massage - Appointments	"	13:30 - 14:30
	Breast Feeding Advice - Drop-in	"	12:30 - 14:30
	Dad's Club	Friday	09:00 - 12:00
	Allergykidz (last Friday of the month)	"	13:30 - 16:00
Noel Park	ESOL with Childcare @ Salvation the Army	Monday	13:00 - 15:00
	Baby's Wonder Weeks (0-12months Only)	"	13:30 - 15:30
	Antenatal & Postnatal Appointments (Whittington Hospital)	"	??
	New Parents Course (NCT)	"	12:30 - 14:30
	Stay & Play (Parents & Toddlers)	Tuesday	10:00 - 12:00
	Debt/Welfare Benefits Advice	"	10:00 - 16:00
	ESOL with Childcare @ Salvation the Army	"	13:00 - 15:00
	Antenatal & Postnatal Appointments (Whittington Hospital)	"	??
	Strengthening Families/Communities Course	"	??
	Stay & Play (Childminders)	Wednesday	09:30 - 11:30
	Music Tots (Babies & Toddlers)	"	12:30 - 13:30
	Health Visitors - Appointments ONLY	"	??
	Baby Weighing - Drop-in	"	13:30 - 15:30
	Noel's Kitchen Café	"	12:00 - 14:00
	Hop, Skip & Jump	Thursday	11:45 - 12:45
	Family Welfare Association/HARTS Surgery	"	12:00 - 14:00
	Markfield Advice Sessions - Children/Adults with disabilities	"	15:00 - 16:30
	Stay & Play (Parents & Babies 0-18months)	Friday	09:30 - 11:30
	CRE8 Media & Performing Arts Project (13-19yrs old)	"	16:00 - 19:00
	Full day care/nursery (0-5yrs) (Mon - Friday)	"	08:00 - 18:00
Job Centre+	?	?	
Councillors - Drop-in Surgeries	"	??	

Park Lane	Drop-ins (U 18months)	Monday	13:30 - 15:00	
	Drop-ins (0-4yrs)	Tuesday	09:00 - 11:00	
	Child Psychologist - By Appointment	"	AM	
	Adult Psychologist - By Appointment	"	All Day	
	Just for Parents Drop-in	"	10:00 - 12:00	
	CAB Debt Management Surgery	"	10:00 - 12:30	
	Play & Learn Drop-in (0-4yrs)	"	13:00 - 15:00	
	Career & Job Advice - Appointments	"	10:00 - 15:30	
	Baby & Parents Group (0-12 months)	Wednesday	10:00 - 11:30	
	Antenatal & Postnatal Clinic (North Middlesex Hospital)	"	09:30 - 16:00	
	Career & Job Advice - Drop-in	"	10:00 - 15:30	
	Just for Parents Drop-in	Thursday	10:00 - 12:00	
	Kid City (Drop-in for children with disabilities)	"	10:00 - 13:00	
	Antenatal Clinic (Whittington Hospital)	"	10:00 - 12:30	
	Adult Psychologist - By Appointment	"	All Day	
	Career & Job Advice - Appointments	"	10:00 - 15:30	
	Harts Advisory Surgery	Friday	10:00 12:00	
	Kid City (Drop-in for children with disabilities)	"	10:00 - 13:00	
	Adult Psychologist - By Appointment	"	All Day	
	Jumping Jesters (0-5yrs) Term-time	"	13:00 - 14:30	
	Postnatal Checks (Whittington Hospital)	"	14:00 -16:00	
	Pembury	Baby & Toddler Group	Monday	09:30 - 11:15
		Antenatal Clinic (Middlesex Hospital) Appointments Only	"	09:30 - 16:00
Parents Forum with Creche		"	13:00 -15:00	
Breastfeeding Support @ Welbourne CC		"	13:00 -15:00	
ESOL with Creche (Entry Level 1)		Tuesday	09:30 - 11:30	
ESOL with Creche (Entry Level 2)		"	13:00 -15:00	
Baby & Toddler Group		Wednesday	09:30 - 11:15	
Pathways 2 Work (Haringey Guarantee)		"	09:30 - 16:00	
Communication for Life - with Creche		"	13:00 -15:00	
TOPS		Thursday	09:30 - 11:30	
Splash!		"	10:00 - 11:30	
Advice Drop-in (Families in Temporary Accommodation) Kemble Hall		"	11:00 - 13:00	
ESOL with Creche (Entry Level 2)		"	13:00 -15:00	
Baby Group (Babies Under 1yr ONLY)		"	13:00 -15:00	
ESOL with Creche (Entry Level 1)		Friday	09:30 - 11:30	
Baby & Toddler Group		"	13:00 - 14:45	
Dad & Me		Saturday	10:00 - 12:00	
Rowland Hill		Hearing Impaired Group	Monday	09:00 -11:15
		BOPS (Baby Opportunity & Parent Support)	"	13:15 - 15:15
	Citizens Advice Bureau (CAB)	"	13:00 - 15:00	
	PIPS - By Appointments ONLY	Tuesday	PM	
	PIPS - By Appointments ONLY	Wednesday	AM	
	Breast Feeding Group	"	13:30 - 15:30	
	Antenatal & Postnatal Clinic for Young Parents (Whittington Hospital) - Appointments ONLY	Thursday	??	
	Stay & Play	"	13:15 - 15:15	
	Jobcentre Plus (Appointments Only)	"	10:00 -14:00	
	Stay & Play/Toy Library (U5s)	Friday	09:00 - 11:00	
	Antenatal & Postnatal Clinic for Young Parents (Middlesex Hospital) - Appointments ONLY	"	09:00 - 16:00	
	Growing Club	"	13:15 - 15:15	
	Stay & Play (U5s) Term-time	Saturday	10:30 - 13:00	

South Grove	Stay & Play with Music & Crafts (U5s)	Monday	12:30 - 15:30
	Family Learning ESOL with Creche	Tuesday	09:30 - 12:00
	Family Learning ESOL with Creche	Wednesday	09:30 - 12:00
	Stay & Play (U5s)	"	12:30 - 15:30
	Jobcentre Plus Work Focused Interviews)	Thursday	10:00 - 12:00
	Jobcentre Plus Work Focused Interviews)	"	13:00 - 15:00
	Stay & Play with Music sessions (U5s)	Friday	09:30 - 12:30
	Jobcentre Plus Work Focused Interviews)	"	10:00 - 12:00
Jobcentre Plus Work Focused Interviews)	"	13:00 - 15:00	
Stroud Green	Acorns Stay & Play (Term-time Only)	Monday	09:30 - 12:00
	HARTS for Families - Drop-in Surgery (1st & 3rd Monday of the Month)	"	10:00 - 12:00
	Markfield Advice Sessions for disabled families	Tuesday	13:30 - 15:30
	Information Sessions @ Jamboree Play Hut	"	10:30 - 14:30
	Antenatal & Postnatal Clinic (Whittington Hospital) - Appointments ONLY	Wednesday	??
	Jamboree Stay & Play	"	10:30 - 12:00
	Jamboree Stay & Play	"	13:00 - 14:30
	Baby Group (0-18months) term-time Only	Thursday	10:00 - 12:00
	Antenatal & Postnatal Clinic (Whittington Hospital) - Appointments ONLY	"	??
	Jamboree Stay & Play	"	10:30 - 12:00
	Jamboree Stay & Play	"	13:00 - 14:30
	Jamboree Stay & Play	Friday	10:30 - 12:00
	Jamboree Stay & Play	"	13:00 - 14:30
Acorns Stay & Play (Term-time Only)	"	09:30 - 12:00	
Stonecroft	Movers & Shakers - Appointments	Monday	10:30 - 11:30
	Antenatal Clinic - Whittington (Appointments)	"	09:30 - 12:00
	PIPS (Appointments ONLY)	"	12:00 - 17:30
	Health Walks (Term-time Only)	"	14:15 - 14:45
	PIPS (Appointments ONLY)	Tuesday	08:00 - 12:00
	Young Parents Support Sessions (U24s)	"	12:20 - 15:30
	Breast Feeding Group	Wednesday	10:00 - 12:00
	Antenatal Clinic - Whittington (Appointments)	"	09:00 - 11:30
	PIPS (Appointments ONLY)	"	12:30 - 17:30
	Let's Play Drop-in (18months Plus)	Thursday	09:30 - 10:50
	Let's Play Drop-in (18months Plus)	"	11:00 - 12:15
	Antenatal Clinic - Whittington (Appointments)	"	09:00 - 11:30
	Discovery Play - Drop-in (6 - 17months babies)	"	13:00 - 14:00
	HARTS Surgery (Appointments ONLY)	"	13:00 - 15:00
	NCT - Postnatal Training (Through Health Visitors)	Friday	10:30 - 12:30
	Debutots (6-18months)	"	13:30 - 14:15
	Debutots (18months - 3yrs)	"	14:15 - 15:00
The Ladder	ESOL with Creche	Monday	09:00 - 11:00
	Webster Stratton (CAMHS)	"	09:00 - 12:00
	Improving Access to Psychological Therapies (Appointments Only)	"	??
	Child Minders & Carers Group	Tuesday	09:30 - 11:30
	Twinkle Toes (0-12 months)	"	13:30 - 15:30
	Improving Access to Psychological Therapies (Appointments Only)	"	??
	Midwife (Whittington Hospital) - Appointments ONLY; 1st& 3rd Wednesday/month	Wednesday	10:00 - 12:00
	Mums.Net - 1st Wednesday/month	"	10:00 - 12:00
	Stay & Messy Play (0-5yrs)	"	13:30 - 15:30
	Health Visiting Team - Appointments Only	"	13:00 - 16:00
	Stay & Messy Play (0-5yrs)	Thursday	09:30 - 11:30
	Midwife (Whittington Hospital) - Appointments ONLY; 1st& 3rd Wednesday/month	"	10:00 - 12:00
	Antenatal Classes Drop-in	"	09:30 - 11:30
	HARTS Information & Advice drop-in	"	09:30 - 11:30
	Movers & groovers 1- 2.5yrs	"	13:15 - 13:45
	Movers & groovers 2.5 - 5yrs	"	14:00 - 14:45
	ESOL with Creche	Friday	09:00 - 11:00
	Parenting Course (CAMHS)	"	09:00 - 13:00

Hear a story, Sing a rhyme

"

14:00 - 15:30

Triangle	Ante/Postnatal Clinic (Whittington Hospital) - Appointments ONLY	Monday	09:30 - 11:30	
	121 Support with help to quit smoking	"	09:00 - 12:00	
	ESOL Entry L1/L2	"	09:30 - 11:30	
	Childminders' Drop-in	"	10:15 - 12:15	
	Community Health Trainer	"	09:00 - 13:00	
	Pre-Entry ESOL L1/L2	"	13:00 - 15:00	
	Something to do, Somewhere to go Girls' Project	"	15:30 - 18:30	
	After School Club	"	15:30 - 18:00	
	Mental Health Therapist - By Appointment	Tuesday	09:00 - 13:00	
	CAB - Benefits Advice & Support - By Appointment	"	10:00 - 12:00	
	Stay & Play - Drop-in	"	10:15 - 12:15	
	Community Health Trainer	"	13:00 - 18:00	
	Teens & Toddlers Project - By Appointment	"	11:30 - 17:00	
	After School Club	"	15:30 - 18:00	
	Youth Club Activities	"	18:30 - 21:30	
	Stay & Play/Ludotek	Wednesday	10:15 - 12:15	
	Employment - Advice & Guidance	"	11:00 - 15:00	
	Pre-Entry ESOL L1/L2	"	13:00 - 15:00	
	Mental Health Therapist - By Appointment	"	13:00 - 16:00	
	After School Club	"	15:30 - 18:00	
	Ward Councillors Surgeries	"	18:00 - 19:00	
	HARTS for Families - (3rd Thursday of the Month)	Thursday	09:30 - 11:00	
	Health Visitors Weighing-in Clinic - (3rd Thursday of the Month)	"	09:30 - 11:30	
	ESOL Entry L1/L2	"	09:30 - 11:30	
	Stay & Play (Under ones Drop-in	"	12:45 - 14:45	
	Antenatal Classes - By Appointment	"	??	
	Seven Sisters Safer Neighbourhood Team Surgery (1st & last Thursday of the month)	"	10:00 - 13:00	
	Contraception & Sexual Health - Drop-in Clinic (13-20yrs)	"	11:00 - 16:00	
	Teenage Parents Support Group	"	13:00 - 17:00	
	After School Club	"	15:30 - 18:00	
	Youth Club Activities	"	18:30 - 21:30	
	Ante/Postnatal Clinic (Middlesex Hospital) Appointments ONLY	Friday	09:30 - 16:30	
	After School Club	"	15:30 - 18:00	
	Kung Fu Class	"	18:30 - 21:30	
	Job Centre+	?	?	
	Welbourne	Chatter Matters - with Creche	Monday	10:00 - 12:00
		Breast Feeding Support Group	"	13:30 - 15:30
		Weaning Group	"	13:30 - 15:30
		Stay & Play Baby Group	"	13:30 - 15:30
		Stay & Play (Music & Movement)	"	14:00 - 13:30
Parents & Toddlers Group @ Ferry Lane		Tuesday	09:30 - 11:30	
Stay & Play Toddler Group		"	09:15 - 11:15	
Pre-Entry ESOL with Creche		"	??	
ICT Classes		"	13:30 - 17:00	
Stay & Play Toddler Group		Wednesday	09:15 - 11:15	
Cook & Eat (Healthy Eating)		"	10:00 - 12:00	
Citizens Advice Sessions		"	10:00 - 12:30	
Stay & Play Baby Group		"	13:30 - 15:30	
Spash!		Thursday	10:30 - 11:30	
Working Links - employment Advice		"	??	
ICT Café/Class		"	10:30 - 12:00	
Chatter Matters - with Creche		"	13:00 - 15:00	
Parents & Toddlers Group @ Ferry Lane		Friday	09:30 - 11:30	
Chatter Matters - with Creche		"	10:00 - 12:00	
Mobile Library - Fortnightly		"	14:00 - 16:00	
Parents Forum		"	14:00 - 15:30	
Stay & Play Toddler Group		"	14:00 - 15:30	
Dad & Me (Starting SOON)		Saturday	??	

Woodlands Park	Stay & play 0-5yrs/Childminders Group	Monday	09:30 - 11:30	
	Sew-ESOL	"	13:00 - 15:00	
	TOPS - Appointment Only	Tuesday	09:30 - 11:30	
	Antenatal/Postnatal Group - Appointments Only	"	12:30 - 15:30	
	Transition into Parenthood - Drop-ins	"	13:00 - 15:00	
	Singing Music	Wednesday	10:00 - 11:30	
	Breast Feeding Support Group	Thursday	10:00 - 12:00	
	Gardening Club	"	09:30 - 11:30	
	Health Visitors Weighing in clinic (1st Thursday/ Month)	"	13:00 - 15:00	
	Sew-ESOL	"	13:00 - 15:00	
	Stay & Play 0-5yrs	Friday	09:30 - 11:30	
	Me & Little Footprints	"	13:00 - 15:00	
	Woodside	ESOL - with Creche	Monday	09:00 - 15:00
		Cognitive Behavioural Therapy - By Appointment	"	??
Stay & Play 0-5yrs - Child Minders Drop-in		Tuesday	09:30 - 11:30	
Midwife Antenatal Clinic (Whittington Hospital) - Appointments		"	13:30 - 15:00	
Drop-in & Information Sessions - Travellers		"	14:00 - 16:00	
Stay & Play 0-5yrs		Wednesday	09:30 - 11:30	
The Nia Project		"	13:00 - 15:00	
Jobcentre Plus		Thursday	??	
PIPS (U2's)		"	??	
Drop-in (U2's)		"	13:00 - 15:00	
Stay & Play 0-5yrs		Friday	09:30 - 11:30	

